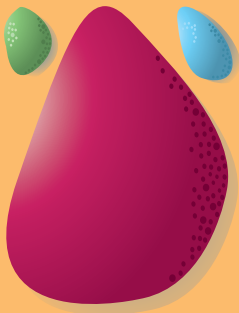


Touchstones

children's bereavement support group



Touchstones is an opportunity for bereaved children to meet one another, share experiences, learn about grief, death and dying and to have some fun through art and play.

WHO

Children aged 5 to 12

WHAT



8 weekly sessions.

It is recommended that children attend all 8 sessions. Examples of some of the themes are “remembering”, “heart”, “worries and fears” and “hope”.

WHEN



8 Saturdays

10 a.m. – 11:30 a.m.

at a location near downtown Victoria.

There is no charge for this group.



Pre-registration is required.

For further information, please call Victoria Hospice Bereavement Services at

250-370-8868

to register.



Victoria Hospice

Parents' Group

WHO Parents or caregivers of children or youth aged **3–17 years**.

WHAT 4 weekly sessions. Information and education will be offered on how to support bereaved children or teens by helping them to develop resiliency. Parents are expected to attend all sessions.

WHEN 4 consecutive Saturdays, 10 a.m. – noon at a location near downtown Victoria.

There is no charge for this group and child care will be available on request.

Victoria Hospice Society offers bereavement support by volunteers and counsellors for individuals and families, including children and teens. Our services include telephone support; counselling; a variety of bereavement support group, including drop-in and walking groups; education; and referrals. Most of our services are offered free of charge.

For further information, contact:

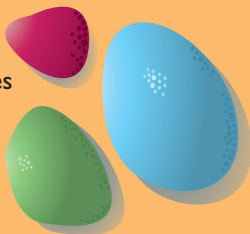
Victoria Hospice Bereavement Services

1952 Bay Street, Victoria BC V8R 1J8

Phone: 250-370-8868

Email: Hospice.Bereavement@viha.ca

www.victoriahospice.org



We encourage your donation. Your gift will provide direct care for individuals and families today, as well as help us to meet the need for end-of-life and bereavement care tomorrow. To discuss making a gift or including Victoria Hospice in your legacy plans, or to find out more about fundraising activities, contact:

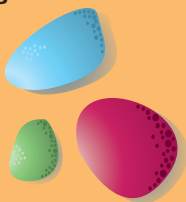
Victoria Hospice and Palliative Care Foundation

1510 Fort Street, Victoria, BC V8S 5J2

Phone: 250-952-5720

Email: vic.hospice@viha.ca

www.victoriahospicefoundation.org



Victoria Hospice