

PALLIATIVE CARE: BETTER TOGETHER

INTERDISCIPLINARY COLLABORATION IN THE ADVANCEMENT OF PALLIATIVE CARE

PAETZOLD LECTURE THEATRE, VANCOUVER GENERAL HOSPITAL
899 WEST 12TH AVENUE, VANCOUVER, BC V5Z 1M9
OCTOBER 7, 2019, 8:30AM - 4:30PM

COPY & PASTE URL TO REGISTER FOR IN-PERSON / VIDEOCONFERENCING:

<https://victoriahospice.org/how-we-can-help/courses/palliative-care-master-class/>

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CONTINUING PROFESSIONAL DEVELOPMENT
FACULTY OF MEDICINE



FACULTY OF MEDICINE
DIVISION OF
PALLIATIVE CARE

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VICTORIA
HOSPICE



加拿大华人护理协会
Canada Chinese Nurses Association
CCNA



BC Centre for
Palliative Care

AGENDA

8:30-8:45

WELCOME & HOUSEKEEPING

Dr. Pippa Hawley

FRCPC, Head Division of Palliative Care

8:45-9:30

INTEGRATION OF A PALLIATIVE APPROACH IN THE PRE-HOSPITAL SETTING

Dr. David Willisroft

CCFP, (EM CAC, PC)

Jennie Helmer

Paramedic Practice Leader with the BC Emergency Health Services, Project Coordinator with the Paramedics and Palliative Care Initiative, M.Ed.

9:30-9:45

QUESTIONS / EVALUATIONS

9:45-10:30

LYMPHEDEMA MANAGEMENT

Sarah Buddingh Smith

PT BCCA, BSc (Hons)

10:30-10:45

QUESTIONS / EVALUATIONS

10:45-11:00

COFFEE BREAK

11:00-11:45

DELIVERING PALLIATIVE CARE TO VULNERABLE POPULATIONS

Dr. Douglas McGregor

CCFP, CAC Pall Care, Victoria Hospice and BC Cancer Victoria

Dr. Ashley Heaslip

CCFP, MPH, PhD(c)

11:45-12:00

QUESTIONS / EVALUATIONS

12:00-13:00

LUNCH

13:00-13:45

DYSPNEA: A MULTIDISCIPLINARY APPROACH IN PALLIATIVE CARE

Dr. Shalini Nayar

FRCPC, Respiriology and PC, FH and BCCA Surrey Centre

13:45-14:00

QUESTIONS / EVALUATIONS

14:00-14:45

MINIMALLY INVASIVE PALLIATIVE PROCEDURES

Dr. Peter Munk

RCSPC, MSK Interventional Radiologist

14:45-15:00

QUESTIONS / EVALUATIONS

15:00-15:15

WASHROOM BREAK

15:15-16:00

SHIFTING TO A PALLIATIVE APPROACH IN LTC: WHAT DOES IT TAKE?

Della Roberts

RN, BSN, MSN, CHPCN (C), Clinical Nurse Specialist, Palliative and End of Life Care, Island Health Authority

Dr. Leah Macdonald

CCFP, CAC Pall Care, Medical Director, Palliative & End of Life Care Program, Island Health Division Head, Palliative Medicine

16:00-16:15

QUESTIONS / EVALUATIONS

16:15-16:30

CLOSING

LEARNING OBJECTIVES

Dr. David Williscroft & Jennie Helmer

Integration of a Palliative Approach in the Pre-Hospital Setting

- Identifying the challenges in addressing patients and families with palliative needs during crises at home.
- Understanding how BC Ambulance Services hopes to address increasing call demands in patients with palliative emergencies.
- Looking at the evidence in pre-hospital care in keeping patients with a palliative trajectory at home instead of presenting to the emergency department.

Sarah Buddingh Smith

Lymphedema Management

- Discuss lymphedema management: research update
- List interprofessional roles in best practice
- Investigate referrals and resources

Dr. Douglas McGregor & Dr. Ashley Heaslip

Delivering Palliative Care to Vulnerable Populations

- To deliver complex care to traumatized vulnerable people
- To mitigate barriers that exist at every level to delivery of care
- Discuss means of safer prescribing in an unsafe environment.

Dr. Shalini Nayar

Dyspnea: A multidisciplinary approach in palliative care

- Review etiologies of dyspnea in patients receiving palliative care
- Discuss treatment strategies
- Review the team approach

Dr. Peter Munk

Minimally Invasive Palliative Procedures

- Review the breadth and scope of imaging guided pain control procedures that can be used in the setting of metastatic disease
- Demonstrate applications of cryoablation in pain control
- Discuss the value of cementoplasty in the palliation of bone pain

Della Roberts & Dr. Leah Macdonald

Shifting to a palliative approach in LTC: what does it take?

- List some initiatives, tools and resources which facilitate a palliative approach to care
- Explore the evolving roles of specialist PC with LTC homes
- Review findings and lessons from the 'Island experience'

S P E A K E R S



David Williscroft is a Clinical Associate Professor in the Department of Emergency Medicine and Division of Palliative Care at the University of British Columbia. He is a graduate of the Emergency Medicine Program at St. Paul's Hospital and completed a fellowship in Hospice and Palliative Care at Stanford University. He divides his clinical time between Emergency Medicine at Lions Gate Hospital in North Vancouver and Palliative Medicine at St. Paul's Hospital. David currently leads a Palliative Med Course for ER Residents at UBC, and has interests in Prehospital Palliative Care Delivery and Point of Care Ultrasound In Palliative Care.



Jennie Helmer is a Paramedic Practice Leader with the BC Emergency Health Services, and is the project coordinator with the Paramedics and Palliative Care Initiative. Jennie holds a Masters in Education and at present is pursuing a PhD from UBC. She is an advocate for advancing paramedic practice, and has a keen interest in better understanding and helping patients achieve better care in dying.



Sarah Buddingh Smith is a Physiotherapist at BC Cancer in Vancouver. She is a member of the Canadian Physiotherapy Association Oncology Division, and is currently completing her PINC & STEEL Cancer Rehabilitation certification. As a UBC Clinical Instructor, she regularly facilitates UBC Health Integrated Curricula sessions and takes PT students on placement. She has extensive continuing education in chronic pain, and brings her experience from the St. Paul's Complex Pain Clinic to her work in cancer care. She speaks regularly to interprofessional audiences on topics such as mindfulness and resilience.



Peter Munk is a Professor of Radiology, Orthopedics and Palliative care University of British Columbia, Vancouver Canada, and Director of Musculoskeletal Imaging at Vancouver General Hospital. Dr. Munk's special clinical interest includes Interventional Musculoskeletal procedures and pain management procedures in metastatic bone disease. He is internationally acclaimed as an expert in his field and has a large network of prior trainees providing specialist procedures all over the world. He is also the author of numerous research papers and textbooks.



Shalini Nayar came to Vancouver from McMaster University and completed a fellowship in Respiratory Medicine at UBC. Working with patients who experience chronic and debilitating symptoms secondary to advanced lung disease prompted her to complete a Palliative Care fellowship at UBC. Currently, Dr. Nayar works with patients with chronic illnesses in the capacity of an in-patient Palliative care physician and respirologist. She works with trainees from various residency programs to help integrate this care into their practice and is a Clinical Assistant Professor with UBC in the Department of Medicine. She also provides palliative medicine consultations at the Surrey Cancer Centre.



Douglas McGregor trained in Internal Medicine and General Practice in the UK, with particular focus in diabetes care. He came to Canada in 1991 and worked in the Vernon Cancer Centre until 2001 as a Clinical Assistant in Oncology. During this time he developed his interest in Palliative Care. He worked in Vancouver as Regional Medical Director for Palliative Care and continues to work at BC Cancer, now in Victoria. In 2012 he received the BC Cancer Community Care Award. He is now also the Medical Director of Victoria Hospice. Dr. McGregor is carrying out research in delivery of cancer care to vulnerable populations.



Ashley Heaslip, MD, CCFP, MPH, PhD(c), is a family physician and medical lead for PHS Health Care in Victoria, BC. She is also a PhD candidate at the University of British Columbia. Her clinical and academic work is focused in the areas of palliative care, addictions medicine and care for marginalized populations. Her doctoral work, which is supported by a Canadian Institute of Health Research Vanier Fellowship, takes place at the intersection between public health and sociology, examining primary care provision within complex communities.



Della Roberts is an advance practice nurse supporting palliative care practice through the regional palliative & end of life program across hospital, home care, community hospice and long term care settings. She is involved in leading a number of projects throughout Island Health. Della has extensive curriculum development and teaching experience, and was instrumental as part of the team developing practice tools for a palliative approach pilot project in long term care facilities and the knowledge translation initiative toward spreading this work across long term care facilities in Island Health. Della has been a co-investigator in a number of research projects related to palliative care, including iPANEL (Initiative for a Palliative Approach in Nursing: Evidence and Leadership).



Leah Macdonald is the Medical Director of the Palliative and End of Life Care Program for Island Health and a Clinical Assistant Professor with UBC. She has worked as a palliative care consultant with the Winnipeg Regional Health Authority, Fraser Health, and now Victoria Hospice. Her quality improvement interests include the integration of a palliative care approach across settings including acute and long-term care.