### **2021 EVENTS CALENDAR**

For Public Education

#### **January**

## ADVANCE CARE PLANNING WORKSHOP

**JANUARY 14 & 21** 

Advance Care Planning is often thought of as planning for the end of life, but it is really about planning for life, up to and including death. Learn how to plan for your future health care decisions in this 2-part workshop.

### **February**

# CONVERSATION GAME DEBUT FEBRUARY 25TH

Victoria Hospice's very own conversational game to explore life, death, and what matters most. These discussion cards can be used three ways, and will encourage conversations to be had at home and other intimate settings. Participate in our first facilitation of the game virtually!

# ADVANCE CARE PLANNING WORKSHOP

**FEBRUARY 18 & 25** 

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#### March

#### **DEATH OVER DINNER**

#### MARCH 25

When you break bread together, you can address any subject. This is the idea behind Death over Dinner, a facilitated dinner where hard conversations and stories can be had in a safe, and forgiving way. The Death Over Dinner concept has inspired over 500 dinners in 20 countries, join us for ours.

## ADVANCE CARE PLANNING WORKSHOP

#### **MARCH 4TH & 11TH**

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### **April**

### DEATH CAFÉ APRIL 21ST

At a Death Café people, often strangers, gather to eat cake, drink tea and discuss death. A Death Café is a group directed discussion of death with no agenda, objectives or themes. Never has there been such a need to talk about death and dying, and while we are not able to meet each other face-to-face to do this, our Café will be delivered virtually.

# NATIONAL ADVANCE CARE PLANNING DAY

**APRIL 16TH** 

April 16th marks National Advance Care Planning Day in Canada. On the evening of April 16th, take the opportunity to speak with your family, friends and loved ones about your values, wishes and what is most important to you. Victoria Hospice will provide resources, tools, and information to support your advance care planning journey.